**Provisional Timetable Sub-Junior/Junior World Championship 2016**

 **Opening Ceremony**: Monday, August 29th, 2016 at 09:00

|  |  |  |  |
| --- | --- | --- | --- |
| **Day** | **Weigh-in time** | **Classes** | **Start**  |
| Sunday, 28.08.2016 |  | Technical Meeting | 20:00 |
|  |  |  |  Lifters |  |
| Monday, 29.08.2016 |  | Opening Ceremony | 09:00 |
|  | 08:00 – 09:30 | Women | 43.0 & 47.0 kg 20 | 10:00 |
|  | 12:00 – 13:30 | SJ/J-MenWomen SJ/J | 53,0 kg **6**52.0 kg **10** | 14:00 |
| Anti Doping Seminar |  | All Lifters must attend. |  | 18:00 |
|  |  |  |  |
| Tuesday, 30.08.2016 | 07:00 – 08:30 | SJ/J-Men | 59.0 kg **15** | 09:00 |
|  | 10:30 – 12:00 | Women | 57,0 kg **18** | 12:30 |
|   | 14:00 - 15:30 | SJ/J-Men | 66.0 kg **18** | 16:00 |
|  |  |  |  |  |
| Wednesday, 31.08.2016 | 07:00 – 08:30 | Women | 63.0 kg **19** | 09:00 |
|  | 11:00 – 12:30 | SJ/J-Men | 74.0 kg  **24** | 13:00 |
|  | 16:30 – 18:00 | SJ-Men | 83.0 kg **12** | 18:30 |
|  |  |  |  |  |
| Thursday, 01.09.2016 | 07:00 – 08:30 | Women | 72.0 kg **14** | 09:00 |
|  | 11:00 – 12:30 | J-Men | 83.0 kg **18** | 13:00 |
|  | 15:00 – 16:30 | SJ/J-Men | 93.0 kg **28** | 17:00 |
|  |  |  |  |
| Friday, 02.09.2016 | 08:00 – 09:30 | Women | 84.0 & 84+ kg **19** | 10:00 |
|  | 12:30 – 14:00 | SJ/J-Men | 105.0 kg **21** | 14:30 |
|  |  |  |  |  |
| Saturday, 03.09.2016 | 07:00 – 08:30 | SJ-Men | 120.0 & 120+ kg **12** | 09:00 |
|  | 10:00 – 11:30 | J-Men | 120.0 & 120+ kg **20** | 12:00 |
|  |  | Banquet |  | 20:00 |